



Design of prospective follow up of chrysotile asbestos miners and production workers in Asbest

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Cohort

A group of people who share a common characteristic

If the exposed group has a higher frequency of the outcome → may be an association between an exposure and outcome



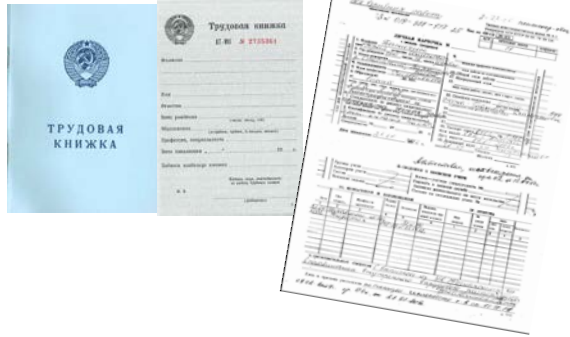
Aim

- To **prospectively** follow up cancer incidence and causes of death in chrysotile exposed workers, extending an ongoing **retrospective** cohort study.



Retrospective cohort design

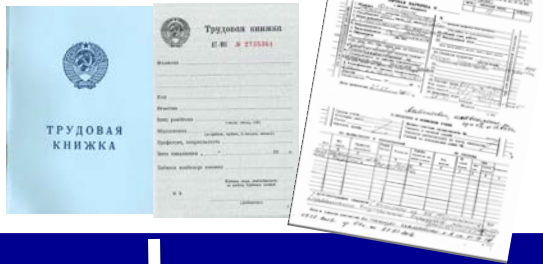
Exposures



Outcomes

Prospective cohort design

Lifetime Exposures



Outcomes



Outcomes



Past

Present

Future

Prospective design

Advantages

- **Temporal sequence is clear**
- **Outcome rate can be calculated**

Incidence (new case rate)



онкологический диспансер
(Свердловский областной)

Mortality (death rate)



Органы записи актов гражданского
состояния (Свердловская область)

$$IR = \frac{\text{Number of new cases of the disease that occur in a population observed for a period of time}}{\text{The sum of all person-time of observation of those at risk (free of the disease) during that period of time}}$$

- Can examine **multiple outcomes** after the exposure



Prospective design

Challenges

- Long wait for outcomes to occur
- Expensive
- Subjects enrolled can drop out of study
- Difficult to trace people

Retrospective design

Workers \geq 1 year employment

(1 Jan 1975 -- 28 Feb 2016)



> 54 000 work records found (37 000 eligible workers expected)

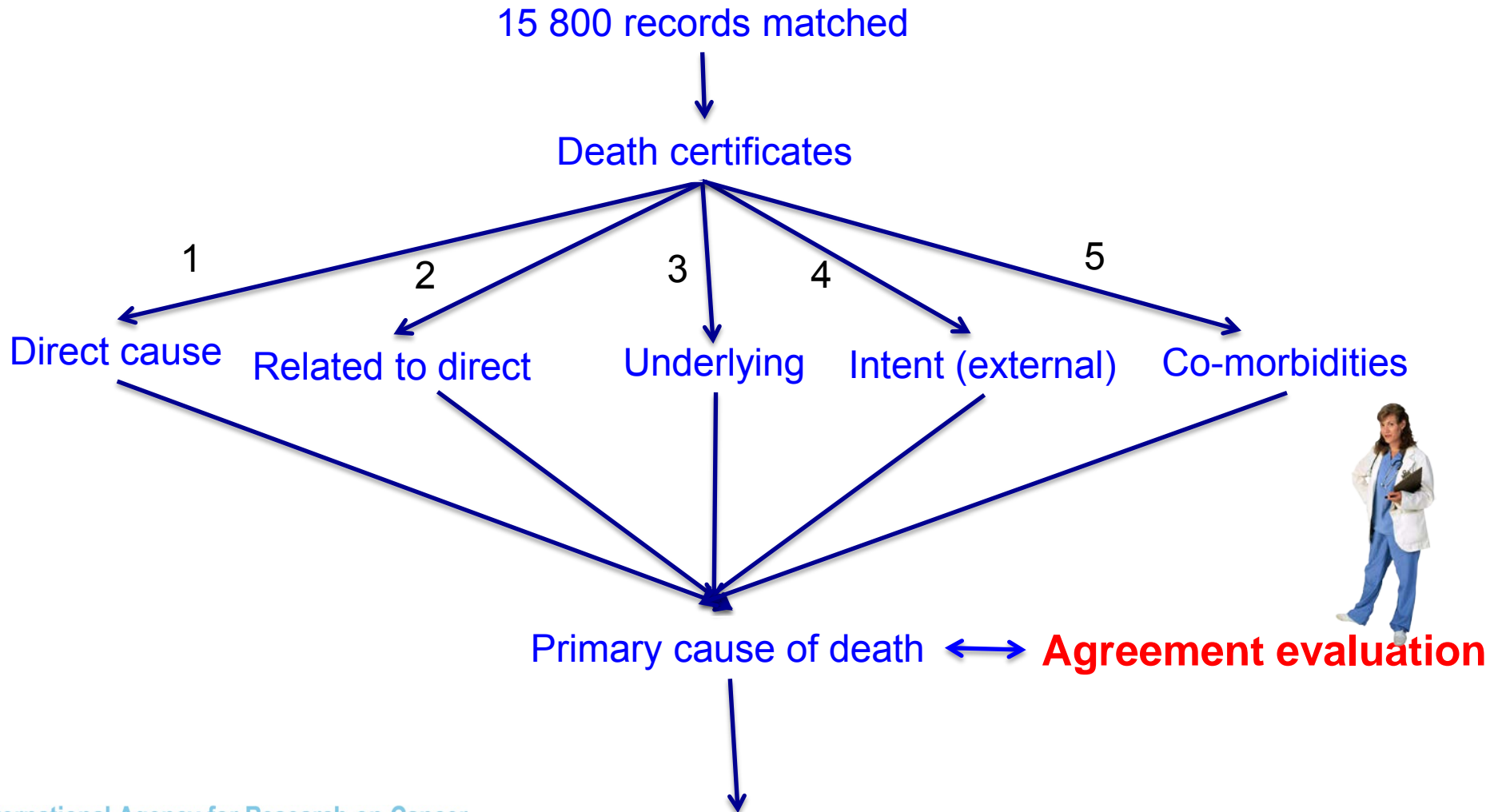


Органы записи актов гражданского состояния
(Свердловская область)



Vital status and causes of death
(full birth name and birth date)

Retrospective design



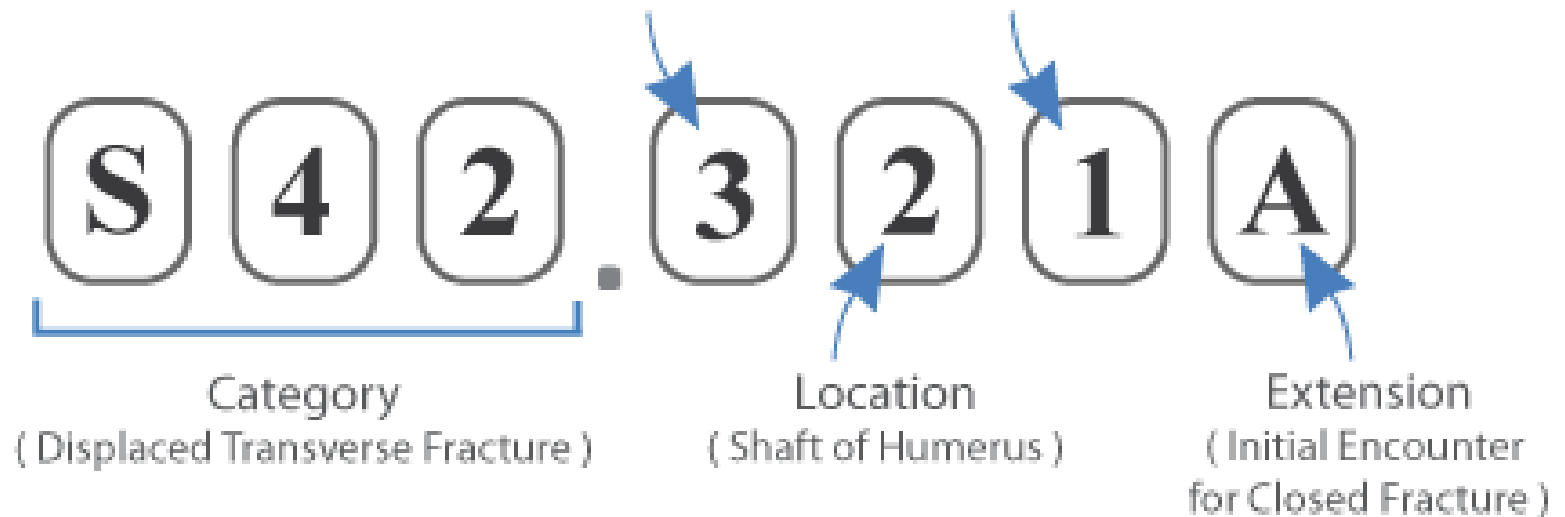
International Classification of diseases, version 10 (ICD-10)

- Systematic and standardized registration on disease
- Work was coordinated by the World Health Organization (WHO), with the participation of centers collaborating with WHO
- Disease classes I – XXII
 - Examples:
 - II : Neoplasms
 - IX: Diseases of circulatory system
 - X: Diseases of respiratory system
 - Etc...



Etiology
(Humerus Fracture)

Laterality
(Right Arm)



Unique to our design

Exposure can be assessed prospectively by collecting more data

- Biological samples
- Questionnaires for co-factors (smoking)

Prospective design

- Smoking is a **confounder**, related both to asbestos exposure and death outcomes
 - Survey has been conducted in Uralasbest (January-June 2017)
 - 8,090 respondents, both active and former workers
 - Question: What is the relationship between smoking duration and intensity with asbestos exposure?

Biological samples

- Mechanistic studies on tumors and matching normal tissues
- Using massively parallel (deep) sequencing

AIM: to identify specific **genome-wide effects of asbestos** on DNA and cancer development

IARC partners

- J. Zavadil, M. Korenjak, specialists in Molecular Mechanisms of Disease

Mechanistic prospective studies

1. Investigate **previously unrecognized links** between asbestos exposure and non-lung cancer types

Target sites: Stomach, esophagus, colorectum, ovary, bladder

Sample types for deep sequencing: Fresh frozen tumor tissue and/or paraffin blocks

Sample power estimate per study/per target site:

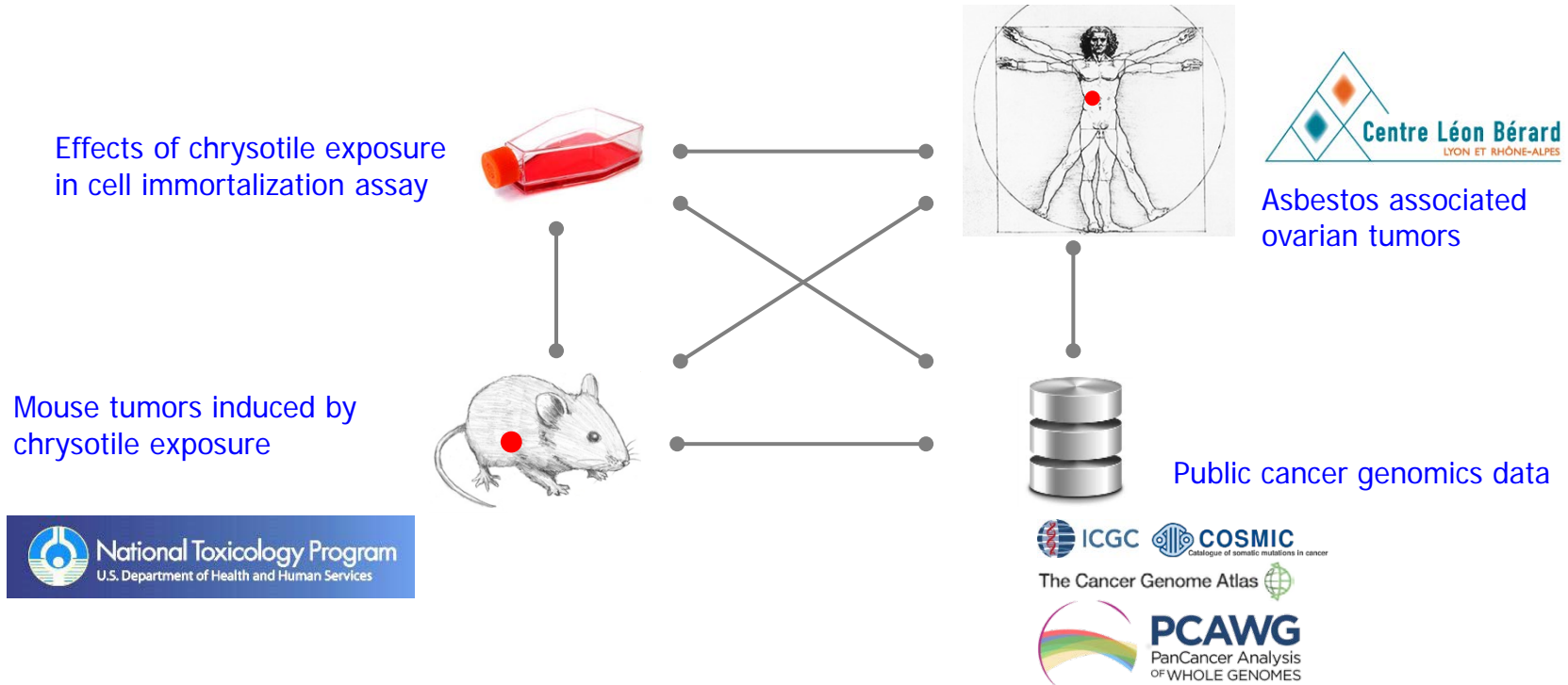
At least N=25 tumors + 25 matched non-tumor controls to have over 80% power

2. Association of **asbestos exposure with lung cancer in female non-smoker patients**

Possible design:

Starting at 25 exposed with matched normal tissue vs. 25 unexposed non-smoker women cases with matched normal tissue control

- Asbestos-specific genomic signatures in mutually cross-validating systems
- Whole-exome and whole-genome analyses



Conclusions

- This cohort has unique features
 - Long enrolment period with complete work history
 - Large case number
 - Risk calculation for rare outcomes and subgroups
 - Large proportion of working women
 - Detailed asbestos exposure data
 - Regular dust measurements at the workplace for different units, job titles, and across different time periods

Three methodological advantages

- One of the largest and best quality cohorts of miners and millers in place
 - Biological data collection
 - Long-term follow-up and lifetime exposures
 - Dose-response calculations
 - Incidence rate calculation

This is one of the most informative on-going studies on worker health, and with a special relevance to Russian Federation

Acknowledgements

International Agency for Research on Cancer, Lyon, France

Joachim Schüz

Sara J Schonfeld

Valerie McCormack

Eleonora Feletto

Evgenia Ostroumova

Monika Moissonnier

Kurt Straif

Scientific Research Institute of Occupational Health of the Russian
Academy of Medical Sciences, Moscow, Russian Federation

Igor Bukhtiyarov

Evgeny Kovalevskiy

Institute for Risk Assessment Sciences, Utrecht University, The Netherlands

Hans Kromhout

Yekaterinburg Medical Research Center for Prophylaxis and Health Protection
in Industrial Workers, Yekaterinburg, Russian Federation

Sergei Kashanskiy

Scientific Advisory Board

Franco Merletti, Julian Peto, Antti Tossavainen, Martin Rössli

Спасибо.
Thanks.